



Growing
FAITH
moments

Beginning Confirmation

INTRODUCTION

At the heart of equipping people for their lifelong faith formation are the Four Key Faith Practices: **Caring Conversations, Devotions, Service, and Rituals and Traditions**. As you begin your confirmation program may your hearts and minds be opened to learning more about God's word. Let this Beginning Confirmation **Growing Faith Moment** be a time to prepare.

This moment can take place in a small group or around the family table.



Caring Conversations

Invite the young people to share their answers to one or a number of the following questions.

- Share what confirmation means to you.
- Talk about why we have confirmation in our church.

Devotions



God said to the people of Israel: I am the Lord your God, the one who brought you out of Egypt where you were slaves. Do not worship any god except me. Do not make idols that look like anything in the sky or on earth or in the ocean under the earth. Don't bow down and worship idols. I am the Lord your God, and I demand all your love. If you reject me, I will punish your families for three or four generations. But if you love me and obey my laws, I will be kind to your families for thousands of generations. Do not misuse my name. I am the Lord your God, and I will punish anyone who misuses my name.

Remember that the Sabbath Day belongs to me. You have six days when you can do your work, but the seventh day of each week belongs to me, your God. No one is to work on that day—not you, your children, your slaves, your animals, or the foreigners who live in your towns. In six days I made the sky, the earth, the oceans, and everything in them, but on the seventh day I rested. That's why I made the Sabbath a special day that belongs to me. Respect your father and your mother, and you will live a long time in the land I am giving you.

Do not murder. Be faithful in marriage. Do not steal. Do not tell lies about others. Do not want anything that belongs to someone else. Don't want anyone's house, wife or husband, slaves, oxen, donkeys or anything else. Exodus 20: 1-17

How easy is it to keep all the commandments? Why do you think God gave us these commandments? During Confirmation you will learn about the commandments and our creeds and other words that we say that help us on our faith journeys.

Service



Think about some ways you could serve within your church or local community.

Volunteer at a Lutheran Community Care or ALWS fundraiser or hold your own fundraiser for them.

Rituals and Traditions



Gather the people present around the young people. Invite them to place their hands on their head or shoulders for the following prayer and blessing.

Pray:

Dear Father, creator, thank you for giving us the ten commandments to keep us safe and teach us how to live with each other in peace. Jesus, Son of God, thank you for being a perfect example of how to love and help people in need. Holy Spirit, fill us with courage to be faithful witnesses of your love. Amen.

Bless

May we continue to grow in our faith together in Jesus' name. Amen.

Gifts:

A journal for them to write their thoughts as they journey through their Confirmation program

For more information about the Growing Faith Moments and other resources for ministry to children, youth and their families, please contact:

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